

## Our Circle of Healers

**Pauline Shirt** Elder, Plains Cree, Red-Tail Hawk Clan- Pauline Shirt was born and raised in Saddle Lake Reserve, Alberta. Pauline is greatly recognized for her commitment to the Toronto Native community and for her dedication as a teacher and lecturer since the late sixties. She is a member of the Three Fires Society and the Buffalo Dance Society. Pauline Shirt, a Founder of the First Nations School and the Red Willow, are just two examples of her hard work ethic and perseverance to enhancing the betterment of the Toronto Aboriginal community. Today, Pauline serves as a mentor to many Aboriginal youth and young families as an experienced and trusted Grandmother.

**Pamela Tremblay** is a gifted Metis Grandmother. She lives a traditional metis life with her husband and is a pioneer in metis natural healing with years of experience guiding individuals that face many of life's challenges. She is a powerful and gentle healer who has counselled many. In addition to her gifts she offers traditional massage. She has a well-developed understanding and connection to the natural world and is able to work comfortably with her gifts, to help people of all walks of life. In addition to years of experience as a Metis healer, she has spent many years studying natural health therapies. To name a few Pamela is a Certified Baby Massage Instructor and Practitioner of the Expressive Arts for healing.

**Jake Ago Neh** is Anishnaabe from Sheguiandah First Nation. Under the direction of Adam Lussier, Jake began doing his healing work. Jake conducts a variety of ceremonies on a regular basis such as one-on-one consultations, Sweat Lodge, Talking Circles, administering herbal medicines, spiritual guidance and naming ceremonies. All people, wherever they reside, can utilize Jake's services to find good health and direction in their lives.

**Joanne Jackson** is Eagle Clan of the Ojibway & Pottawatomi Nation. She is from Kettle & Stony Point First Nation. Joanne's unique healing ability draws primarily from her Native background. She has the unique ability to pull negative energy from the individual whether it is mental, emotional, spiritual or physical. She is knowledgeable in many kinds of Ceremonies & Teachings. Joanne is also gifted as a Reiki Master, Crystal Healer 2nd Level, Cranial Sacral Therapy and Hot Stone Massage Therapy. She is a Grandmother.

**Laini Lascelles** is a Lenape and Ojibwe woman from the Delaware Nation. Her Spirit names are 'Good Spirit Woman' and 'She Who Has A Good Mind.' Her clan is Wolf and she currently resides in Toronto, Ontario where she began studying Shiatsu. Laini uses Traditional Medicines and Reiki to work on healing with individuals. The Ancestors guide her to provide deep healing to the body as well as readings. Laini is a grandmother, mother and wife and dedicates her traditional teachings to helping others.