

OUR STRATEGIC DIRECTION

Long-term Outcomes: 20 years

1. Increase health equity and inclusion in the Indigenous population
2. Increase health equity and inclusion in the Francophone population
3. Reduce the impact of poverty

Intermediate Outcomes: 10 years

1. Reduce the burden of multiple chronic conditions
2. Improve mental health outcomes
3. Improve social support network and a sense of belonging

Short-term Outcomes: 5 years

1. Create a culturally safe space to provide health care services
 - 1.1 Increase capacity to serve the Indigenous community
 - 1.2 Increase capacity to serve the Francophone community
2. Improve comprehensive health care provision for vulnerable groups
 - 2.1 Increase capacity to serve isolated seniors (65+)
 - 2.2 Increase capacity to serve youth community (13-29 yrs)
 - 2.3 Increase capacity to serve perinatal women with young children
 - 2.4 Increase capacity to serve the LGBTQ2 community
 - 2.5 Increase capacity to serve the homeless and precariously housed
3. Increase community capacity to support individuals experiencing mental health and addiction challenges
 - 3.1 Increase the ability of clients to self-manage or resolve mental health and addiction challenges
 - 3.2 Increase the capacity to identify and intervene adverse childhood experiences (ACEs)
 - 3.3 Increase the ability of clients to quit or reduce smoking/vaping
 - 3.4 Increase the ability of clients to prevent, self-manage or resolve opioid addiction
4. Increase community capacity to prevent and manage diabetes and other chronic conditions
 - 4.1 Increase the ability of clients to self-manage diabetes and other chronic conditions in different stages of health
 - 4.2 Increase the ability of clients to self-manage and maintain healthy weights
 - 4.3 Increase opportunities for healthy eating
5. Promote and implement practices to reduce climate change
 - 5.1 Increase the community's capacity to implement a sustainable diet
 - 5.2 Implement a climate change awareness campaign