



OUR CIRCLE OF HEALERS

TRADITIONAL HEALING



Pamela Tremblay-Hayes

Waabishka-Ma'iingan Kwe is a compassionate and seasoned Elder and helper guided by the Spirit World and has been helping people throughout Ontario communities for almost 30 years. Pamela is gifted in spiritual counselling, traditional body work, ancient energy healing and is known to have "*the healing touch*". Some of Pamela's skills and gifts include cedar washes, rock healing, plant healing,

and it is not unusual to receive messages from Ancestors while visiting with Pamela. Her powerful and gentle healing approach helps individuals tap into their own self-healing abilities and achieve restoration and wholistic balance (spirit-mind-physical-emotional). She calls her work "visiting with family", because we are all related through Mother Earth and Grand Father Sky and we are all children of the Stars. Regardless of your concerns, Pamela is "here for you."

**Services are available in French and English*



Troy Greene

Troy is of Bear Clan of the Oneidas. He is from Six Nations. Troy Greene has been giving readings since he was sixteen years old. Troy has the ability to communicate with Spirit Helpers, or with Spirit relatives, to give information to the living about a person's physical health and emotional or spiritual well-being.



Brian George

Brian George is Chigamik's Traditional Healing Program Coordinator and also offers services as a Traditional Counsellor. He is of the Potawatomi/Ojibway Anishnawbe people. Brian has developed a passionate interest in spirituality and firmly believes in the healing of Body, Mind and Spirit through cultural and natural practices. For over 40 years Brian has travelled to many communities throughout

Turtle Island meeting people, receiving teachings and walking on Mother Earth - always offering the tobacco. He believes that the human Spirit is indomitable. Brian believes profoundly in the ways of the Sacred Fire, Pipe, Sweat Lodges, Fasting and all ceremony. He can talk to you about your journey on this Earth and how building a relationship with Spirit and natural ways can guide you. When talking to Brian, he will give you the best of what is in his heart.



Valarie King

Edebwed Ogichidaa Kwe - she who speaks the Truth Warrior woman leader. Mkwaa dodem. New Credit doonjibaa. Valarie King has lived on Mississaugas of the Credit all of her life. She has been a skaabayis (helper) in the community and off reserve in various employment and volunteer positions. For the last 30 years, Valarie strived to bring the sacred bundles of traditional teachings back to the people. Ceremonies and rites of passages such as Grandmother

moon ceremonies, fastings, traditional teachings workshops, drumming, singing, and feasts. Valarie works with Traditional medicines and will soon be opening Dancing Moon Holistic Centre, offering traditional programs and herbal products for healing. Valarie uses her spiritual sight to be a good helper, utilizing energy work to do clearings, medicines, medicine bundles, and sometimes Western methods. Valarie has seven children and seven grandchildren - who all sing and do traditional dancing around the big drum and hand drum. Valarie also does activism work for families of missing and murdered Aboriginal women, for the sacred water, and has worked at Juddah's Place as the holistic counsellor, working collaboratively with a doctor and herbalist.

Valarie is a Chartered Herbalist, completed her ECE, Bachelor of Arts in Health and Women's Studies and minored in Indigenous Studies. Valarie also completed her Masters in Indigenous Social Work.