

Get Connected or Refer a Client

Community Ambassadors are here to help.



communityambassadors@chigamik.ca



705-527-4154 x 7204



Scan the QR code to submit a referral



Supporting healthier communities through connection, care, and belonging.



Centre de santé communautaire
CHIGAMIK
Community Health Centre

CHIGAMIK COMMUNITY AMBASSADORS

Connecting people to care, services, and community supports



What is Social Prescribing?

Social prescribing connects people to local programs and supports—based on their needs, interests, and goals—to improve their health and wellbeing.

It's a person-centred approach that helps individuals build connections, meet basic needs, and feel more supported in their community.



How it works at CHIGAMIK

Community Ambassadors work one-on-one with individuals to understand what matters most to them and help connect them to the right services, programs, and supports.

How Community Ambassadors Can Help

Primary Care Connection

- ✓ Support with registering for **Health Care Connect**, the provincial program that connects you with a local family doctor or nurse practitioner
- ✓ Guidance on where to access care and services while you are waiting to be connected

Access to Basic Needs

- ✓ Food programs, housing resources, financial supports
- ✓ Referrals to community services

Forms & Documentation

- ✓ Assistance completing applications and forms
- ✓ Support gathering required documents

Advocacy

- ✓ Helping clients clearly communicate their needs
- ✓ Supporting individuals in accessing services and overcoming barriers

Health & Community Connection

- ✓ Providing information about social programming
- ✓ Encouraging preventative care and wellness