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www.chigamik.ca/Biidaaban-Doula-Collective



KATIE HAMELIN

Katie is a Métis Doula with a passion for helping mothers feel empowered by finding their voices and trusting their intuition to make informed decisions about their body and baby before, during and after birth.

Katie strives to bring a grounding presence into a birthing space where her clients feel safe, secure and heard. It is her goal to have mothers look back on their birth experience as a positive story where they felt supported culturally, emotionally, mentally and physically.

Katie is currently studying Trauma Informed Care as well as studying to become a Trauma Support Worker to better support clients who are victims and/or survivors of trauma while on their healing journey.

On her spare time Katie enjoys spending time with her husband and two children on the waters of Georgian Bay. She enjoys listening to music, creating art and immersing herself in nature.

